

# PURPOSE-FULL PERFORMANCE OPEN PROGRAMME



LONDON, 18-20 NOVEMBER

This is not just leadership training.

It's a call to awaken a deeper source of leadership - one anchored in purpose, fuelled by inner clarity, and expressed through courageous, high-impact action.

Over three immersive days, you'll move beyond performance as pressure and into performance as presence. You'll reconnect with who you are, what you stand for, and how to ignite Purpose-full impact across your leadership, your teams, and your culture.



**Lead from Purpose. Perform with clarity.  
Transform with presence.**

# Where leadership training meets transformation



Leadership today demands more than skill or strategy - it calls for clarity, courage, and connection to what truly matters.

## In this programme, you will:

- Shift your internal state in moments that matter, from reactivity to responsiveness.
- Learn to generate higher purpose, especially under pressure or ambiguity.
- Strengthen collaboration through meaningful connection, depth of listening, clarity in response, and conscious completion.
- Build accountability that is clear, human, and sustainable.
- Apply purpose to real work - meetings, decisions, strategy, delivery.

**Purpose . . . State . . . Performance**



# Your Journey

## The beginning of a deeper shift

THE  
AT  
WORK  
DNIW  
TM

### DAY ONE:

#### The Response-Able 'I'

Build awareness of your internal state and learn to shift from reactive patterns into grounded, Purpose-full presence and responsiveness.

### DAY TWO:

#### Living and Leading Purpose-fully

Step into high-collaboration, high-accountability leadership. Lead through trust, feedback and shared purpose.

### DAY THREE:

#### Purpose-Full

#### Performance in Action

Integrate your learning. Apply it to real-world leadership and real-world contexts. Leave with clarity, commitment, and responsive leadership practices that sustain.

### **Additional support to integrate Purpose-full Leadership:**

A 60-minute Purpose Exploration call before the programme, and two post practical application coaching sessions afterwards

# Beyond the Programme

## From experience to integration

THE  
MIND  
AT  
WORK  
™

### What you'll take away

Practical tools. Personal transformation.

- A toolkit for real-time state awareness and shifting.
- Practices to lead from purpose in everyday moments.
- Clarity on what Purpose-full Performance looks like in your unique context.
- A renewed sense of meaning, focus, and leadership power.



Ready to reimagine performance?

Join us. Step into purpose. Lead with clarity.

Contact:

[purpose-full@themindatwork.co.uk](mailto:purpose-full@themindatwork.co.uk)

[www.themindatwork.co.uk](http://www.themindatwork.co.uk)